MAKING THE BREAST CHOICE: BEHIND JOLIE'S BRAVE DECISION

PREVENTIVE MASTECTOMIES REQUIRE COMMITMENT, AN ONCOLOGIST EXPLAINS. PAGE 14

metro®

BOSTON Wednesday, May 15, 2013 www.metro.us | t: MetroBOS | f: MetroBoston

SUPPORT THE JIMMY FUND

We have cancer.

Cancer doesn't have us.

JimmyFund.org/2013

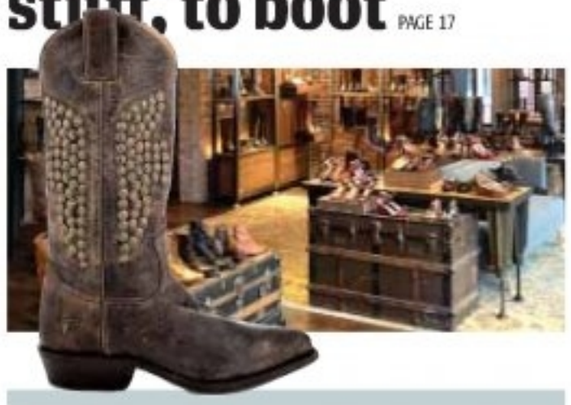
#JimmyFund

DANA-FARBER CANCER INSTITUTE | The Jimmy Fund®

Local mayor fights slurs

Somerville. Mayor Joseph Curtatone issues stern letter after newly appointed alderman is accosted for her sexuality. **No place for hate.** "This kind of abusive behavior has no place in our city," he said. **Staying strong.** Alderman Courtney O'Keefe said the incident makes her want the job even more. PAGE 02

Shop. Frye flagship arrives, has guys' stuff, to boot PAGE 17



Butt out. Campus smoking banned at Northeastern PAGE 04

'Into Darkness': A franchise goes down in a blaze of BORING

PAGE 09

Zachary Quinto puts the "Vulcan" in volcano. / PHOTO COURTESY OF PARAMOUNT PICTURES

HARVARD SUMMER SCHOOL

June 22–August 10, 2013

Evening courses in finance, accounting, management, and marketing

Register now.

www.summer.harvard.edu

1 NEWS

Online

Trending online at Metro.us

1 Video: Woman kicked off flight for singing Whitney Houston's "I Will Always Love You"

2 Slideshow: U.K. prime minister David Cameron visits Boston Marathon memorial

3 Teenage girls a constant cycle of arguments: Survey

Today's tweet

"The 'please have tickets ready' announcement is stuck on repeat. Ironically, I didn't have tix ready #mbcr #mbta"

Always listen to the announcements, @TrainStoryBOS, even when they seem annoying.

Mayor Curtatone takes aim at homophobia in Somerville

Homophobic slurs. The mayor wrote an angry open letter yesterday after slurs were directed at the Somerville's first openly gay alderman.

Somerville Mayor Joseph Curtatone is publicly scolding the persons who used homophobic slurs to describe the city's first openly gay alderman.

In an open letter to the public yesterday, Curtatone said the official, whom he did not name, is a friend of his and that the offensive remarks have no place in Somerville.

"In light of this information, let me renew my stance on this and any other derogatory remarks against human beings in ours and another other community: This kind of abusive behavior has no place in our city — or any other," Curtatone wrote. Curtatone's letter refers to comments made against recently appointed Alderman Courtney O'Keefe, who was appointed April 25.

Quoted

"It doesn't even have to be a gay thing. It's not even a gay thing. It's about anyone who is different."

Somerville Alderman Courtney O'Keefe

O'Keefe told Metro that there were two comments made against her sexuality, including one person who called her the "dyke candidate." According to the Somerville Journal, a columnist for the paper was singled out by Alderman Bob Trane for allegedly berating O'Keefe after a meeting. The columnist told the Journal he emailed O'Keefe a few hours after their conversation and apologized.

She said the comments were "disheartening," but they didn't change her opinion about serving as alderman or running for election in November.

"It doesn't make me want to do this any less. It makes me want to do this more," she told Metro.

MICHAEL NAUGHTON
michael.naughton@metro.us

Special needs 8-year-old thanks volunteer tradesmen for lending a hand

Matt Donlan, of Malatos Iron Works and Local 7 of South Boston, shares a smile with Sydni Pecevich, 8, outside Pecevich's South Boston home yesterday. Donlan was just one of the many workers who donated time and materials to make Pecevich's home wheelchair accessible. At 2 months old, Pecevich was diagnosed with a rare and malignant brain tumor that has left her non-verbal and non-ambulatory. The project included a 600-square-foot addition with a steel access ramp at an estimated cost of more than $200,000. / NICOLAUS CZARNECKI, METRO

Transit police. Cop shot during bombing suspect gun battle speaks out

The MBTA Police officer who was shot during a gun battle with the accused Boston Marathon bombers recently spoke out about the incident.

In an interview with CBS News that aired yesterday, Officer Richard Donohue said his partner tackled him after he was shot in the leg to shield him during the gun fight. He was bleeding so bad that his heart stopped and he wasn't breathing.

"I did die," Donohue said.

MICHAEL NAUGHTON

Bicycling

Cambridge, Newton named bike-friendly

The League of American Bicyclists has named Cambridge and Newton among the most bicycle-friendly communities in the country. Cambridge received "gold" status while Newton received "bronze." METRO

Marathon victim. UMass will award posthumous degree to bombing victim

The University of Massachusetts Boston will pay tribute to one of the people killed in the Boston Marathon bombings by posthumously awarding a victim her degree.

Krystle Campbell, 29, was a former sociology student at the school, UMass Boston said in an announcement Monday. She will be awarded a Bachelor of Arts at the school's commencement May 31. She was one of three people killed in the blasts.

MICHAEL NAUGHTON

SUPPORT THE JIMMY FUND

We have cancer.

Cancer doesn't have us.

Thanks to Dana-Farber Cancer Institute and the Jimmy Fund, the Martin Family is receiving the support and world-class care they need.

Help Meghan and her family

JimmyFund.org/2013

#JimmyFund

DANA-FARBER CANCER INSTITUTE

The Jimmy Fund®

Give locally. Conquer cancer globally.

SALEM PUBLIC SCHOOLS
SALEM, MA

JOB FAIR

Wednesday, May 15, 2013
4:00 P.M. – 7:00 P.M.
COLLINS MIDDLE SCHOOL,
29 Highland Ave., Salem, MA

Anticipated Openings for
2013-2014

- Elementary • Reading Specialist • English
- Foreign Language (Spanish, French, Arabic, Mandarin Chinese)
- Adjustment Counselor
- Math
- Sciences – Biology, Chemistry, Physics, Earth Science
- Middle School Humanities
- Middle School Math Science
- Title I Math
- Technology/Engineering Teacher (Middle School)
- Moderate Special Needs – High School
- Moderate Special Needs – K-8
- Speech Language Pathologists
- Behavior Specialists – Secondary Level
- School Adjustment Counselor
- Board Certified Behavior Analyst

Bilingual and minority candidates are strongly encouraged to apply
Those interested in attending should bring a cover letter, resume, proof of Certification, and three (3) current letters of reference.

For more information about the Salem Public Schools, visit our website: www.salemk12.org

An Equal Opportunity Employer

NOVALASH®
EYELASH EXTENSIONS

COMPLETELY NEW
SEMI-PERMANENT INDIVIDUAL LASH BONDING

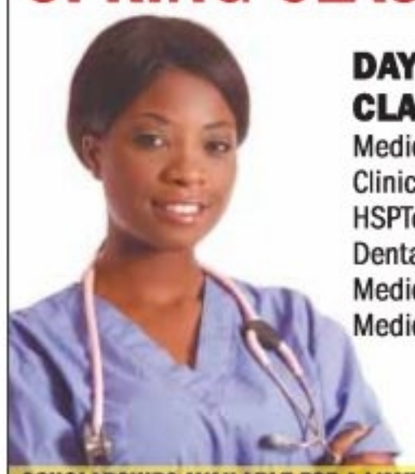
$165.00 full set
natural lashes
extra thick or color
candy lashes
$2.00 extra per
lash reg
$250 & up

www.megahairelite.com

A breakthrough technique for bonding semi-permanent, individual lashes to your own.

MEGA HAIR ELITE • 517 BROADWAY, EVERETT

SPRING CLASSES ARE STARTING NOW



DAY, EVENING & SATURDAY
CLASSES AVAILABLE
Medical Billing and Coding Specialist
Clinical Assistant (Phlebotomy, EKG, Injections)
HSPTech./with internship
Dental assistant/with internship
Medical assistant/with internship
Medical Office Administration

CALL FOR DETAILS

BCI Boston Career Institute

BROOKLINE
320 Washington Street
MALDEN
422 Main St.
T & BUS ACCESSIBLE

888-383-6058
School License #030618B

WWW.BOSTONCAREER.ORG

SCHOLARSHIPS AVAILABLE FOR A LIMITED TIME
EASY PAYMENT PLANS/NO CREDIT CHECK

Career Training

MAKE A DIFFERENCE!
START TRAINING FOR A REWARDING NEW CAREER!

MEDICAL ASSISTANT
Gain the skills to work in clinics, doctors' offices, nursing homes and more!

Everest INSTITUTE

BRIGHTON
1505 Commonwealth Ave., Brighton, MA 02135
CHELSEA
70 Everett Ave., Chelsea, MA 02150

CALL 1-888-204-7931
WWW.ENROLLEVEREST.COM

Career placement assistance available for graduates. Financial aid available for those who qualify. Accredited Member, ACCSC. For more information about our graduation rates, the median debt of students who completed the program and other important information, please visit our website at www.everest.edu/disclosures.

Northeastern to smokers: Start butting out this year

Smoke-free. The university said that starting this fall it will go completely smoke-free on campus.

Put down those butts, Northeastern students and staff.

The university formally announced yesterday that it will be among the first colleges in the Boston area to implement a campus-wide ban on smoking.

While other Greater Boston colleges ban smoking within so many feet of a building or just on their medical campuses, Northeastern's new policy bans smoking on all campus grounds.

"There's a lot of enthusiasm, and I think people basically understand [that] this is a public health service," said Terry Fulmer, dean of the university's Bouve College of Health Sciences. Fulmer also co-chaired the 10-person committee that examined instituting a smoke-free campus policy.

When asked about enforcing the ban, which starts when fall classes begin, Fulmer said anyone found smoking on campus would be "encouraged to stop and reminded" about the ban. "We don't have any reason to believe they won't stop," she said.

The school has started new cessation programs to help those who want to quit as part of the transition.

Fulmer said that when the school has asked students to self-report, 14 percent said they smoked within the last month.

Anyone found smoking will be reminded of the ban. / NICOLAUS CZARNECKI, METRO

Quoted

"We know students who begin smoking in high school or college are more likely to smoke longer in their life, so we want to get a jump on it."

Terry Fulmer, dean of the Bouve College of Health Sciences

MICHAEL NAUGHTON
michael.naughton@metro.us

Paying respects. British PM Cameron pays visit to Marathon memorial

British Prime Minister David Cameron paid his respects to the Boston Marathon bombing victims yesterday, visiting a makeshift memorial on Copley Square along with Gov. Deval Patrick.

Cameron has been in Boston for three days to discuss how law enforcement and other officials responded to the deadly explosions, including what strategies could be used in the U.K.

"It's hard to believe that people can do these things to countries like ours, when we are freedom-loving, when we are democracies, where we do value people's rights," Cameron told reporters. "But these things do happen — and we have to fight them and challenge them, and that's what I know you're going to do right here in Boston."

Three people were killed and 264 injured in the April 15 blasts when two homemade bombs exploded near the race's finish line.

"There's always more to do," Cameron said. "There is really a vital role for law enforcement, a really vital role for intelligence. There's a tough side to all of this that we have to get right. But there's also a side, as I said, of challenging the narrative of violence and extremism that we have to get right, to stop young minds being poisoned by this dreadful radical, extremist narrative, and there's always more work to do on that." **AMANDA ART**

British Prime Minister David Cameron, left, joins Massachusetts Gov. Deval Patrick, visited the Boston Marathon bombing memorial. / NICOLAUS CZARNECKI, METRO

Going green.

Boston aims to 'Greenovate'

The city yesterday launched a new effort and is looking to its residents to help meet its greenhouse gas reduction goals.

Mayor Thomas Menino announced the new sustainability initiative called "Greenovate Boston." The initiative has community engagement goals to help reduce Boston's greenhouse gas emissions by 25 percent by 2020 and by 80 percent by 2050.

The engagement effort seeks to reach every city resident and business in order to have them understand how their individual actions affect a sustainable future for Boston, engage one-third of residents to take one new, daily climate action per year and engage businesses constituting one-third of Boston's employees to form their own in-house sustainability teams, or to participate in existing sustainability initiatives.

The Zakim Bridge and Prudential Center tower will be lit green for the initiative. **METRO**

Best of metro BOSTON 2011 WINNER

Join for Just $10

Then... $10 per month*

Expires Tuesday, May 21, 2013

Government Center
(next to 28 State Street)
Boston, MA 02108
Phone: 617.248.3877

Porter Square Galleria
One Porter Square
Cambridge, MA 02140
Phone: 617.499.9944

*Non-reciprocal. Billed monthly directly to your checking account. Debit cards/pre-paid cards can not be used for this offer and will be subject to additional charges. Subject to $29 annual fee."

Driver safety. US agency backs lower blood alcohol limit for drivers

The top transportation safety agency voted yesterday to recommend a lower blood alcohol limit for drivers, advancing its campaign to cut down on drinking-related road deaths through a stricter definition of impairment.

At a meeting in Washington, the National Transportation Safety Board called on state authorities to reduce the legal limit by nearly 40 percent to 0.05 percent. All 50 U.S. states now have a blood alcohol content limit of 0.08 percent for drivers aged 21 and over, and younger drivers are held to stricter standards.

The NTSB has no authority to change the state laws, but its backing of the lower limit could add pressure on regulators to adopt the 0.05 percent rule.

The federal agency has launched a "Reaching Zero" campaign to help avert alcohol-related accidents and increase public awareness about the dangers of drinking and driving. **REUTERS**

Alcohol-impaired

10,000

Alcohol-impaired driving causes an estimated 10,000 deaths per year in the United States, according to the National Transportation Safety Board.

Alcohol-impaired driving makes up 30 percent of all U.S. highway deaths, according to the NTSB. / GETTY IMAGES

Attorney General Holder recuses himself from media subpoena

Seized. The AP has said it was informed that the Justice Department had gathered records for phone lines assigned to the news agency and its reporters.

Attorney General Eric Holder said yesterday that he had recused himself from the Justice Department's controversial decision to secretly seize telephone records of The Associated Press as part of a wide-ranging leak investigation.

Instead, the decision to seek phone records of one of the world's largest news-gathering organizations was made by Deputy Attorney General Jim Cole, Holder said.

The seizure, denounced by critics as a gross intrusion into freedom of the press, has created an uproar in Washington and led to questions over how the Obama administration is balancing the need for national security with privacy rights.

Lawmakers from both parties yesterday criticized the Obama administration's decision to obtain the AP records, with Senate Majority Leader Harry Reid calling the Justice Department's actions "inexcusable."

Holder faced a large number of questions about his department's investigation targeting phone records and data from the AP. GETTY IMAGES

Phone records

White House says Obama strongly supports free press

The White House, under pressure over reports that the Department of Justice tracked Associated Press phone records, said yesterday that U.S. President Barack Obama strongly supports the freedom of the press.

"The president believes that the press as a rule needs to have an unfettered ability to pursue investigative journalism," White House spokesman Jay Carney said in a news briefing. **REUTERS**

Quoted

"I have been a prosecutor since 1976, and I have to say that this is among, if not the most serious, it is within the top two or three most serious leaks that I have ever seen." Holder

But in a letter to AP president Gary Pruitt, Cole defended the department's unusual action, saying it was a necessary step in a year-old criminal probe of leaks of classified information.

A law enforcement official said the probe is related to information in a May 7, 2012, AP story about an operation, conducted by the CIA and allied intelligence agencies, that stopped a Yemen-based al Qaeda plot to detonate a bomb on an airplane headed for the United States.

Cole declined Pruitt's request to return the records.

Holder said he did not have specific knowledge about the formulation of the subpoena for AP telephone records. **REUTERS**

PERSONAL INJURY LAW
FREE CONSULTATION • NO FEE UNLESS SUCCESSFUL
AUTO ACCIDENTS • SLIP & FALL • DEATH CASES • WORKER'S COMP
LAW OFFICES OF JEFFREY S. GLASSMAN, LLC
We Will Travel To You
Call Now - We Are Easy To Talk To!
617-367-2900
www.jeffreysglassman.com
We Have Recovered Millions Of Dollars For Our Clients

ARE YOU A VICTIM OF CURSES?
SPIRITUAL CLEANSING

"My family and I find out that there was a lot of jealousy and witchcraft being sent to block us from finding happiness or success. We moved from place to place, but without results. A friend of mine invited me to the Spiritual Cleansing Sessions, and that was the turning point of my life. I learned to overcome negativity and evil that was being sent against me. Today, I have peace, financial success, and living in harmony." - Danna

There is a way to break curses and be cleansed from evil. We invite you to break any spells or curses in your life, when evil is at work to a much greater degree than usual.

FRIDAY at 11am, 3pm & 6pm

IN DORCHESTER: 763 Dudley St.

HELPCENTER FREE SESSIONS
Corner with Columbia Rd.; Upham's Corner
CALL NOW: 617-265-9069

Russia says CIA agent was caught trying to recruit spy

Relations. The incident came at an awkward time for Washington and Moscow as they try to bring the warring sides in Syria together for a peace conference.

Russia expelled a U.S. diplomat yesterday after saying he had been caught red-handed with disguises, special equipment and wads of cash as he tried to recruit a Russian intelligence agent to work for the CIA.

Russia's Federal Security Service said Ryan Fogle, a third secretary at the U.S. Embassy in Moscow, had been detained overnight carrying "special technical equipment," a disguise, a large sum of money and instructions for recruiting his target.

The Foreign Ministry summoned U.S. Ambassador Michael McFaul to discuss the case on Wednesday and released a statement demanding that Fogle leave Russia without delay.

"Such provocative actions in the spirit of the Cold War will by no means promote the strengthening of mutual trust," it said.

Russian television showed grainy footage of a man identified as Fogle being arrested, and the state-run Russia Today channel published photographs on its website that it said showed Fogle being detained in a blond wig.

In one photograph, a man lay face-down on the ground with his arms being pinned behind his back.

Another image showed two wigs, as well as three pairs of glasses, a flashlight, a mobile phone and a compass. Also displayed was a wad of $650 and a letter addressed to a "dear friend." **REUTERS**

A Russian police officer patrols a street in front of the U.S. Embassy in Moscow where Ryan Fogle worked. / GETTY IMAGES

Magazine. Southern cities ranked among the laziest in nation

Jackson, the capital of Mississippi, is also the capital of sloth, according to Men's Health magazine which ranked the Southern metropolis as the least active city in the United States.

It was last on the list based on the activity level of its residents, along with Charleston, W.V.; Nashville, Tenn.; Columbia, S.C.; Birmingham, Ala.; and Lexington, Ken., which rounded out the bottom five.

"The South certainly has a cultural reputation for taking it easy and being laid-back," said Matt Marion, the executive editor of the magazine, adding that the region's heat and humidity are also a "built-in obstacle to exercise." **REUTERS**

Afghanistan

Four US soldiers killed in Kandahar

Four U.S. soldiers were killed by a roadside bomb in Afghanistan's Kandahar province yesterday.

The soldiers were in a vehicle on patrol in Kandahar's Zhari district when they were killed, provincial spokesman Jawid Ahmad Faisal said.

May has proved particularly bloody for members of the NATO-led International Security Assistance Force, which is preparing to withdraw most combat troops by the end of next year. **REUTERS**

2

CULTURE

Twitter feed

We check in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

Today, Dita Von Teese is getting fancy, Jason Alexander is learning about the human body, Michelle Trachtenberg is tough and Steve Martin is feeling pretty important.

@DitaVonTeese: Headed to the Cannes Film Festival this weekend.

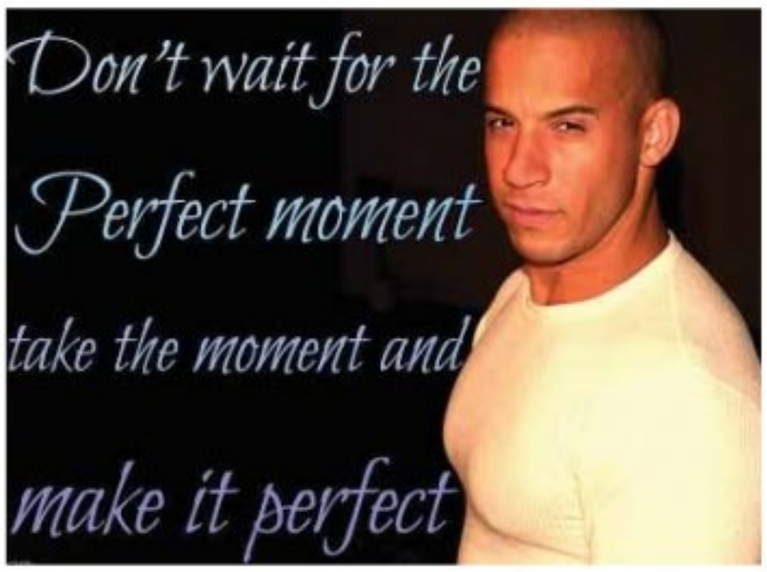
@JasonAlexander: Wise saying: A mind is a terrible thing to waste. But apparently, a gallbladder is expendable.

@RealMichelleT: I ain't afraid of no ghosts.

@SteveMartinToGo: Spent an afternoon with the President of the United States. That's right. I am now 24,434,432 in the in line of succession.

Saldana swings both ways

Zoe Saldana is keeping an open mind when it comes to a potential family. How open? She tells Allure magazine that she might "end up with a woman raising my children — that's how androgynous I am." That's rather progressive, but Saldana says that it's all about not taking things for granted. "If I have something good in front of me, it doesn't matter if it's a person or a pair of shoes," she says.



Vin Diesel: Facebook owes me

Vin Diesel has a bone to pick with Facebook. The "Fast & Furious 6" star is taking credit for making celebrity pages popular on the social network, as he was one of the first movie stars to interact with his followers. "Facebook used to ask me to come up to their office to explain what the f— I was doing and why I had so many fans. What was unique was I never let anyone do a post. I never let anyone post for me in the last four years," he tells Entertainment Weekly. "Facebook really owes me billions of dollars, but whatever."

The secret to Diesel's Facebook success? He really interacts with his Facebook fans. And Diesel's fans (41,621,431 likes as of this writing) return the favor. They are known for creating truly amazing Vin Diesel Facebook art (see above). He calls these super-fanatical Diesel fans, "Vinangels, Vingypsies, and the various nomadic tribes of the Underverse."

In other news, Vin Diesel is a total weirdo. I love it. Did I say 41,621,431 fans? Make that 41,621,432.

THE WORD

Dorothy Robinson takes on the world of gossip.

DOROTHY ROBINSON
@dorothyatmetro
dorothy.robinson@metro.us

Holly Madison's fiance is in deep, deep trouble

Holly Madison's fiance and father to her infant daughter, Rainbow, is facing more than 13 years in prison for bribery, embezzlement, conspiracy and conflict of interest, Radaronline.com reports.

The LA Country District Attorney says Pasquale Rotella, who owns an event firm called Insomniac events, used more than $2.5 million in funds from the Los Angeles Memorial Coliseum to pay off city officials. Rotella would use the coliseum to host parties and raves.

Madison announced she was marrying Rotella on Monday with a wedding planned for Aug. 14. Rotella is currently out on a $1.8 million bail and is due back in court on July 29.

So, um, happy engagement, Holly Madison? (Psst: Whatever you do, Holly, make sure you find out the refund policy on your wedding rentals. Your groom might be indisposed come Aug. 14th.)

DO YOU DRINK SODA, SPORTS DRINKS OR FRUIT PUNCH?

If you:

- Are a healthy 18 to 40 year old
- Drink one or more of these each day
- Want to be part of an important study at Boston Children's Hospital

You would receive:

- 1 year of beverages delivered to your home to no cost.
- American Express gift cards up to $300
- A Body Composition Report with changes in body fat, lean mass, blood pressure and cholesterol levels

Boston Children's Hospital
Until every child is well

Please contact us for more info: Bash@childrens.harvard.edu, 617-355-2500 Option 1, Childrenshospital.org/BASH

‘Star Trek’ into dumbness

Zachary Quinto’s Spock and Chris Pine’s Kirk return for “Star Trek Into Darkness.” / PARAMOUNT PICTURES

Review

‘Star Trek Into Darkness’

Director. J.J. Abrams

Rating. PG-13

Bloated sci-fi. The second in J.J. Abrams’ Trekkie reboot is mysteriously glum and mechanical.

The summer of 2009’s most unexpected delight, director J.J. Abrams’ “Star Trek,” revived the moribund franchise, exploiting a canny time-travel loophole so a fresh-faced cast could take on familiar roles unburdened by half-a-century’s worth of sci-fi mythology. The film’s great pleasure was watching these flinty Starfleet cadets gradually assume their rightful positions on the bridge of the Enterprise, finally blasting off for adventures unknown. It was terrific pop entertainment.

“Star Trek Into Darkness” is as glum and mechanical as its predecessor was buoyant. After spending an entire movie getting the band together, Abrams promptly busts them up and drags the action back down to Earth, ditching space for a joyless, been-there-done-that revenge plot. Demoted to First Officer for violating the Prime Directive, Chris Pine’s blustery James T. Kirk finds himself investigating an act of domestic terrorism by Benedict Cumberbatch’s rogue officer John Harrison. An assassination sequence heavily indebted to — of all things — “The Godfather III” follows. A close friend is among the dead: This time, it’s personal.

An itchy admiral, played by Peter Weller, turns the Enterprise into a warship, much to the displeasure of peacenik Chief Engineer Scotty (Simon Pegg), who resigns from his post in protest. Kirk and crew are dispatched on an illegal mission of vengeance, accompanied by Alice Eve’s mysterious Carol Marcus, whose name might raise an eyebrow for “Wrath of Kahn” fans.

In fact, there’s a lot that deliberately stokes memories of “Trek”’s 1982 high-water mark first sequel, including a mid-movie reveal that’s probably the worst-kept secret in the history of franchise marketing.

In the history of “Star Trek” films, as any Trekkie worth his salt knows, the even-numbered films delivered while the odd-numbered installments were notoriously lousy. Nifty of Abrams to have inverted that particular axiom.

SEAN BURNS
letters@metro.us

3-D don’ts

Three times as much darkness

Shot on film and then post-converted to digital 3-D, “Star Trek Into Darkness” is the muddiest-looking movie you’ll find in theaters right now. The vibrant colors of the crew uniforms and Abrams’ beloved fluorescent lens flares appear to have been submerged in murk.

Final (frontier) thoughts:

The charming supporting cast is sidelined, and Michael Giacchino’s rousing score can only feign excitement for so long. This sorry sequel feels rote and hopelessly derivative, timidly going where we all have already gone before.

michael bublé
"Mr. Bublé is a natural entertainer"
–NY Times
"...One of the most likeable performers on Earth"
–Dallas Morning News
"An evening with Bublé is as good as it gets"
–Buffalo News
TD GARDEN
friday, september 27
TICKETS ON SALE THIS FRIDAY, MAY 17 AT 10AM AT
• Ticketmaster.com • Charge by phone 800.745.3000
: A BEAVER PRODUCTION :
www.michaelbuble.com
AVAILABLE NOW

Honing your home appeal

Decor. These staging tips will entice buyers.

If your home's For Sale sign is becoming a fixture, still there in this red-hot spring real estate market, you might be doing something wrong. Staging is what designers do to give a home maximum eye appeal. Ave Bradley, Kimpton Hotels' vice president of design, is responsible for creating welcoming atmospheres that appeal to a wide group of people — which is exactly the effect a home seller wants. "The important thing is to create a space that's warm and inviting, a place people want to linger," says Bradley.

She tells us how to get our home ready for prospective buyers.

Get your home clean and clear before an open house. / GETTY IMAGES, WAVEBREAK MEDIA

Neutral wall colors increase the chance of sales. / THINKSTOCK

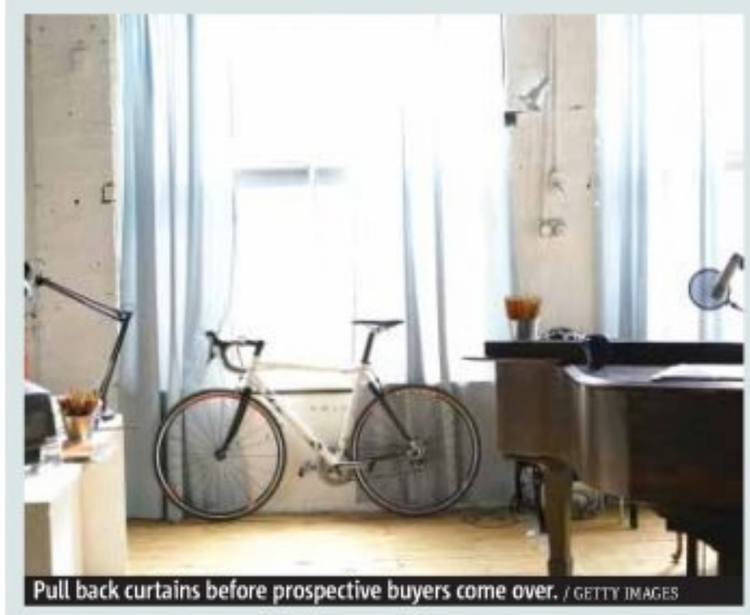
Paint the walls a neutral color

"In older Victorian- or Spanish-style homes, strong colors work. For most modern homes, a neutral but warm scheme is best: taupe, celadon green, white. The same goes for furniture. The bigger and bolder, the fewer people can relate. It increases the sale chances if a room's colors are quiet and people can imagine their lives there."

Bring on sunshine and smiles

"It's important to get the right broker with a welcoming attitude. When you walk in, you don't want to see a selling agent who's arrogant. And open up drapery — there's nothing more off-putting than walking into a place with the drapes drawn. It reminds people of sickness. Let the sunlight shine in."

LINDA LABAN
linda.laban@metro.us



Pull back curtains before prospective buyers come over. / GETTY IMAGES

Tip

Say it with flowers, not food

"Nothing is more welcoming than flowers. I like to see a big, vibrant, fresh flower arrangement. Put one in the bathroom and the living room. I see people offering these extravagant food spreads. It's just not necessary. Also, be careful about cooking smells like bacon or fish. People want to smell lemon or lavender when they walk in, not pizza."

Bag the clutter ... and the laundry

"Never underestimate the impact of clutter. A room that's clean and well organized is more inviting. Also, I don't want to see the remnants of someone else's life. I don't want to see their toothbrush, or their bra on a sofa! Throw everything in a trash bag and put it in a cabinet."

Save $200!!!
on your purchase of $1000 or more
LAFAUCI TILE & MARBLE
*not to be combined with any other offer
Custom Tile & Marble Products • Installation
Providing the utmost in quality & Customer Service
Hours Of Operation:
M-F 8am - 5pm | Saturday 9am - 4pm
Evening Hours Available by Appointment:
430-432 Main St Watertown, MA 02472
(617) 924-8453
www.lafaucitileandmarble.com

AFFORDABLE KITCHEN CABINETS & GRANITE COUNTERTOPS
HASTONE HOMESTONE
Granite Tops • Glass Basins • Cabinets • Sinks
Office: 617-822-1398 • Office: 617-934-4385 • Fax: 617-822-3298
www.hastonehomestone.com • 115 E. Cottage Street, Dorchester, MA 02125

BE A PROCESS SERVER
Earn up to $50/hr. in your own business.
Serve papers for lawyers,
full time or part time from home in your own business. Must be over 18 years of age & have own transportation
NO RISK – The Courts Are Busy
Call 617-365-2646 (24 Hours)

Metro Boston
Mortgage Guide

Check rates daily at http://metroboston.interest.com

Bankrate.com

Program	Rate	Points	Fees	% Down	APR
EAST CAMBRIDGE SAVINGS BANK				**866-354-ECSB (3272)** http://www.ecsb.com	
30 yr fixed	3.625	0.000	$967	20%	3.673
15 yr fixed	2.875	0.000	$967	20%	2.959
15 yr jumbo	3.250	0.000	$967	20%	3.282
5/1 ARM	2.875	0.000	$967	20%	2.883
Call ECSB for flexible and customized lending solutions					
(D) 292 Cambridge Street, Cambridge, MA 02141					*NMLS# 441396*

Legend: The rate and annual percentage rate (APR) are effective as of 5/15/13. © 2013 Bankrate, Inc. http://www.interest.com. The APR may increase after consummation and may vary. Payments on our include amounts for taxes and insurance. The fees set forth for each advertisement above may be charged to open the plan. (A) Mortgage Banker; (B) Mortgage Broker; (C) Bank; (D) S & L; (E) Credit Union; (BA) indicates Licensed Mortgage Banker, NYS Banking Dept.; (BR) indicates Registered Mortgage Broker, NYS Banking Dept.; (Items arranged through third parties). "Call for Rates" means actual rates were not available at press time. All rates are quoted on a minimum FICO score of 740. Conventional loans are based on loan amounts of $150,000. Jumbo loans are based on loan amounts of $650,000. Points quoted include discount and/or origination. Lock Days: 30 (d). Annual percentage rates (APR(s)) are based on fully indexed rates for adjustable rate mortgages (ARM(s). The APR on your specific loan may differ from the sample used. Fees reflect charges relative to the APR. If you've down payment is less than 20% of the home's value, you will be subject to private mortgage insurance, or PMI. Bankrate, Inc. does not guarantee the accuracy of the information appearing above or the availability of rates and fees in this table. All rates, fees and other information are subject to change without notice. Bankrate, Inc. does not own any financial institutions. Some or all of the companies appearing in this table pay a fee to appear in this table. If you are seeking a mortgage in excess of $417,000, recent legislation may enable lenders in certain locations to provide rates that are different from those shown in the table above. Sample Repayment Terms: ex. 360 monthly payments of $5.29 per $1,000 borrowed; ex. 180 monthly payments of $7.56 per $1,000 borrowed. We recommend that you contact your lender directly to determine what rates may be available to you. To appear in this table, call 866-509-ecsb. To report any inaccuracies, call 888-509-ecsb. • http://metroboston.interest.com

D'Amore-McKim
High Tech MBA

The Business of Innovation.

Information Session May 18th 9:45 a.m.
Visit a class, meet faculty, and enjoy lunch with students.
Register at www.htmba.neu.edu.

Northeastern University

Moving on up: development is on the rise in Back Bay real estate

Living. A brand-new, multimillion-dollar complex is proposed for the neighborhood.

When it comes to Boston real estate, there are few neighborhoods more valuable than Back Bay. And while the area may already seem saturated with luxury condos and high-end retail properties, it seems that the picturesque, tony neighborhood has yet to see an end to its commerical development.

Among the biggest of the new Back Bay real estate projects in the works is a proposed $360 million mixed-use complex intended for the intersection of Boylston Street and Mass. Ave. Boston-based developers Samuels & Associates (the company behind the massive Mandarin Oriental hotel, retail and residential complex on Boylston) and partners Weiner Ventures have negotiated air rights to this state-owned land parcel. But the proposed 32-story building — which will include a hotel, as well as both residential and retail units — is still years away from completion.

The finished product could look like this. / JAMES PIATT/SAMUELS & ASSOCIATES

Luxury real estate

Though currently a bare shell of a building, the former parking garage at 4-6 Newbury offers buyers the chance to customize their future home. The property has been dubbed the Chanel building because the luxury couturier's ready-to-wear and accessory store is going into the commercial space on the ground floor.

Generally, Back Bay's development is on a much smaller scale and, according to John D. Corcoran, vice president of Otis & Ahearn, even this economically bustling neighborhood is still easing out from under the rubble of the market crash.

"The majority of projects in the pipeline in downtown Boston are rental buildings," says Corcoran. "It was incredibly difficult to get financing for condos when the market was depressed. Some of those may switch over by the time they finish, but with the enormous yield on rents, it is unlikely."

"Finding buildings in Back Bay to develop is incredibly difficult right now," he adds. "If a building does come to market, most developers are out-priced by end users. There have been a few large buildings that have been purchased to turn back into single families. International money and hedge fund gurus are at the top of that list."

LINDA LABAN
linda.laban@metro.us

ADVERTISEMENT

What Football Can Tell You About Personal Success

By George Warshaw

I diverge from my usual discourse on real estate and estate planning to bring you something else, hopefully of value.

While the message was given within the context of football in a keynote symposium address by Bill Belichick, Professor of Football, the message, as sport often does, easily applies to one's life.

"The only way for us as a team to get a championship level is to continue to evaluate ourselves, and we have to look at what we've done and critically analyze it. . . . I think along with that comes a certain amount of humility, being able to take constructive criticism -- we certainly have all made a lot of mistakes; I've made more than my share and so has everybody else. In order for us to improve and get better and move forward, we've all got to be able to stand up and say 'Hey, I screwed that up' or 'I didn't do a good job here, how can we correct the problem and get it right the next time?'

"In our society, I would say there is not an overabundance of that out there. There's a lot more trying to point the finger at somebody else and make excuses, and all that. So we try to eliminate that in our organization."

Perhaps we all should, in ourselves and in our work.
© 2013 George Warshaw

Excerpted from ESPNBOSTON.com, Patriot's Blog.

GWA

George Warshaw is a well-known attorney and author. He represents buyers and sellers of homes and condos in Massachusetts, and prepares wills, trusts, and estate plans. George welcomes new clients and questions. Contact him at metro@warshawlaw.com

THE BOSTON HOME CENTER
www.bostonhomecenter.com
617-635-HOME (4663)

WORRIED ABOUT PAYING YOUR MORTGAGE?
LOOKING FOR OPTIONS?
YOU DON'T NEED TO PAY TO LEARN IF YOU'RE ELIGIBLE FOR A LOAN MODIFICATION

CALL US FIRST!
OUR SERVICES ARE FREE & CONFIDENTIAL*

Thomas M. Menino, Mayor
City of Boston
Department of Neighborhood Development

* Boston Home Center services are for Boston Residents Only.

RSQ² ROSEMONT SQUARE
NOW OPEN!
LUXURY ONE BEDROOM APARTMENTS
JOIN US FOR AN OPEN HOUSE
THURSDAY, MAY 16 FROM 3PM - 6PM

Rents Starting at $1,325
• Pet Friendly • Smoke Free Community •
• 24-Hour Maint. Service • Stainless Steel Appliances •
• Washer/Dryer in Every Home • Elevators •
• Swimming Pool • Private Balconies/Patios •
• Fitness Center/Community Club Room •
*Income guidelines may apply

CALL TODAY FOR A TOUR!
781.961.7673 TTY: 711
A BEACON rental community
2 Chestnut West • Randolph, MA 02368 • Rosemont@BeaconCommunitiesLLC.com

OLYMPUS CAPTURE THE BEST GIFTS AT BROMFIELD CAMERA CO. BOSTON, MA

EPM1 kit
- 12 meg
- compact
- HD movies

$329.95

E-M5 12-50mm kit
- 16 meg
- dustproof
- splashproof
- HD movies

$1299.95

SZ-15
- 16 meg
- 24x zoom
- HD movies

$219.95
Save $20
Now $199.95
(5/15-5/18)

WWW.CENTRAL.US

WE ARE THE FIRST AND LAST STOP ON THE WORLD FAMOUS
ROUTE 1 THE AUTOMILE!

CENTRAL

KIA

PRE-SUMMER SAVINGS! AT CENTRAL

PAYMENTS STARTING AT $99 PER MONTH*

WE GIVE THE LOWEST PRICES AND
THE HIGHEST TRADE VALUES IN NEW ENGLAND!

DISCOUNTS UP TO $6,000 AVAILABLE†

2013 KIA **SOUL**
MSRP: $15,810 • STK#K130968
Buy For $12,999
Lease For $79 Per Month^

2013 KIA **FORTE LX**
MSRP: $18,410 • STK#K130915
Buy For $14,999
Lease For $89 Per Month^

2013 KIA **OPTIMA LX**
MSRP: $22,305 • STK#K130889
Buy For $17,999
Lease For $99 Per Month^

2014 KIA **SORENTO FWD**
MSRP: $24,950 • STK#K140002
Buy For $19,999
Lease For $149 Per Month^

Norwood, Route 1 The Automile, Exit 15B off Rt. 128

888.774.4895

Visit us online at central.us

10 YEAR 100,000 MILE WARRANTY*

*On select vehicles. †See dealer for details. All prices include all factory incentives including college, military, etc. ^Leases are 36 mos., 12K miles per year with $2,999 cash or trade down plus tax, title and doc fees. Customer must qualify for all factory rebates for lease and purchase. All factory rebates to dealer. Must be paid for same day and delivery. One stock number only. Offer ends 5/31/13

TG2iHS
- 16 meg
- F/2 Lens-50'
- waterproof

$389.95
Save $30
Now $359.95
(5/5-5/18)

TG830
- 16 meg-33'
- waterproof • 5x zoom
- 1080HD movies

$299.95
Save $30
Now $269.95
(5/11-5/18)

TG630
- 12 meg-16'
- waterproof • 5x zoom
- HD movies

$219.95
Save $30
Now $189.95
(5/5-5/25)

BROMFIELD CAMERA CO. 10
On Bromfield Street in Boston's Downtown Crossing
10 Bromfield St, Boston, MA 02108
800-723-2628, Fax 617-426-4952, BromCam@aol.com

www.rnelrd.us

HOT PRE-SUMMER DEALS!

ADDITIONAL REBATES AVAILABLE LIKE...
TRADE ASSIST • VOLKSWAGEN OWNERS

2013 DODGE DART SXT
MSRP: $20,185 • STK# M13-0144

AUTO POWER UCONNECT

LEASE FOR **$99** PER MONTH* PLUS TAX

BUY FOR **$17,049**

*Lease for 36 mo. 10K mi/yr. $3,500 cash or trade due at signing plus tax, title, reg., and doc fee. Sale ends: 5/31/13

2013 CHRYSLER TOWN & COUNTRY
MSRP: $32,175 • STK# M13-0984

TOURING

LEASE FOR **$197** PER MONTH* PLUS TAX

BUY FOR **$26,250**

RETURNING LESSEE/ CONQUEST PRICE **$25,250**

*Lease for 24 mo. 12K mi/yr. $3,000 cash or trade due at signing plus tax, title, reg., and doc fee.
Must live or work in lending area. Sale ends: 5/31/13

2013 RAM 1500 QUAD CAB
MSRP: $35,245 • STK# M13-0828

4x4 EXPRESS PW • PL

LEASE FOR **$87** PER MONTH* PLUS TAX

BUY FOR **$28,518**

RETURNING LESSEE/ CONQUEST PRICE **$27,518**

*Lease for 24 mo. 12K mi/yr. $4,500 cash or trade due at signing plus tax, title, reg., and doc fee. Includes Conquest Rebate
Must live or work in lending area. Sale ends: 5/31/13

2013 JEEP GRAND CHEROKEE
MSRP: $33,490 • STK# M14-0078

4x4 LAREDO PW • PL

LEASE FOR **$199** PER MONTH* PLUS TAX

BUY FOR **$30,821**

RETURNING LESSEE/ CONQUEST PRICE **$29,821**

*Lease for 24 mo. 12K mi/yr. $3,500 cash or trade due at signing plus tax, title, reg., and doc fee. Includes Conquest Rebate.
Must live or work in lending area. Sale ends: 5/31/13

CENTRAL Jeep DODGE RAM

ROUTE 1 THE AUTOMILE, NORWOOD & ROUTE 44, RAYNHAM

FIND US ONLINE AT CENTRAL.US OR GIVE US A CALL: 888.927.0414

CHRYSLER Jeep DODGE RAM

DODGE EVENT

CHRYSLER TOWN & COUNTRY EVENT

*See dealer for additional details.

D'Amore-McKim High Tech MBA

The Business of Innovation.

Information Session May 18th 9:45 a.m.
Visit a class, meet faculty, and enjoy lunch with students.
Register at www.htmba.neu.edu.

Northeastern University

Is Angelina Jolie's choice right for you?

Health. The choice to have a preventive mastectomy is a very personal one.

Angelina Jolie made headlines yesterday by announcing that she underwent a preventive double mastectomy after testing positive for a mutated BRCA1 gene, which indicates a strong predisposition to breast and ovarian cancer.

In her New York Times Op-Ed piece, "My Medical Choice," Jolie reveals that her doctor estimated she had an 87 percent risk of breast cancer and a 50 percent chance of ovarian cancer. "I decided to be proactive and to minimize the risk as much I could," she writes. Now, post-mastectomy, her risk of breast cancer has dropped to below 5 percent. Jolie's mother died of cancer.

BRCA1 and BRCA2 are two genes that, when mutated, have been linked to genetic breast and ovarian cancer, as well as other types of the disease. Both women and men are susceptible to the faulty genes. Patients can undergo a blood test to see if they have the mutated genes, and genetic counselors can help patients decide on the best course of treatment for them. That might be a prophylactic (preventive) mastectomy, taking drugs like tamoxifen or raloxifene — which are proven to lower breast cancer risk — or simply continuing cancer screenings.

Where things go wrong

"The women who have this issue have a problem with suppressing the development of cancer," Dr. Jacobs says. "Everybody has cell division that may go a little out of whack, but there's natural body defenses [against that]. This gene suppresses that defense."

Indeed, the aggressive procedure Jolie had is not for everyone, says Dr. Fred Jacobs, chief medical officer of the eastern division of the American Cancer Society: "That decision needs to be made in conjunction with a very experienced medical oncologist and a genetic counselor who can make sense of the data the woman has."

"It's a very personal thing," he adds. "Do you want to live with that risk, or do you want to take aggressive action to reduce it, meaning a rather extensive surgical procedure? [Jolie] spent three months doing it. That requires a bit of a commitment for a disease you don't have."

Dr. Jacobs also says that Jolie's experience does not mean that everyone needs to be genetically tested. Only women with a strong family history of cancer should consider undergoing it, according to the U.S. Preventive Services Task Force, and that number is just 2 percent of the population.

Those who opt for a mastectomy can expect a procedure that takes a few hours — more if the patient opts for reconstructive surgery during the same operation. Patients often choose the simultaneous procedure, Dr. Jacobs says, "because they go to sleep and wake up and still have breasts." Reconstructive surgery involves a plastic surgeon recreating the breasts once the breast surgeon has finished his portion of the operation. Post-procedure follow-ups and recovery equal a total recuperation time of multiple months.

Though Jolie greatly reduced her risk of developing cancer, Dr. Jacobs notes that her risk isn't totally zero, as some breast tissue always remains post-mastectomy. Still, he's quick to commend the actress and director on her decision. "She took the matter into her own hands and said, 'I'm not gonna sit back and wait for this, I can't live with that. Other women might be able to, [but] … I want to take charge of my life, and this is available to me.' It's a perfectly reasonable thing that she did for her."

Quoted

"Do you want to live with that risk, or do you want to take aggressive action to reduce it, meaning a rather extensive surgical procedure? [Jolie] spent three months doing it. That requires a bit of a commitment for a disease you don't have."

Dr. Fred Jacobs, chief medical officer of the eastern division of the American Cancer Society

Angelina Jolie says she shared her story so that "other women can benefit from my experience." / GETTY IMAGES

MEREDITH ENGEL
meredith.engel@metro.us

LOSE THE MUFFIN TOP
4 BRAND NEW, CUTTING-EDGE LASERS!

- Body contouring by coolsculpting® (removes 20% of fat cells permanently, from abdomen, flanks & back.)
- Venus Freeze™ to tighten neck, face & abdomen.
Botox® & Injectables • Laser Skin Treatments • Laser Hair Removal
- Microdermabrasion • Chemical Peels • Laser Tattoo Removal

FREE Consultations PLUS
get $100 OFF Select Treatments
Checkout our Website and like us on Facebook for More Specials

Melrose MedSpa | Canan Avunduk, MD PhD | MelroseMedSpa.com | 781.620.2315 | 3 Miles from Malden center - By Taxi or Bus | 3 Blocks from Melrose Cedar Park | coolsculpting

GET THE EDUCATION THAT WORKS

Practical Nursing Medical Assistant
Phlebotomy/EKG Tech
Nursing Assistant

MPI

Medical Professional Institute
339 Pleasant St. Malden, MA 02148
781-397-6822 www.mpi.edu
For more information on our program and its outcomes visit : http://mpi.edu/gainful-employment/

DID YOU KNOW?

Good Fats

FISH & BONE

No. 4 What do 'good' fats do, and which should we feed to our pets? Fats are essential for cell repair, reproduction, organ function, and healthy skin & coat. 'Good' fats also absorb free radicals, fight inflammation (like arthritis), and maintain healthy metabolism. Omega 3s in fish oil are 'essential' fatty acids because our bodies can't make them. They have to be supplemented. Fish oil is a potent anti-inflammatory that helps prevent & treat disease, and produces a soft, shiny coat. While coconut oil is a non-essential saturated fat, we recommend it because it helps digestion, fights yeast/fungal infection, improves metabolism, and applied topically makes a great healing balm.

Bonus: coconut oil is safe for pets with pancreatitis because it's absorbed directly & doesn't require the secretion of lipase.

For more information visit us at the store or on our blog.

tip

Store pure fish oil in the fridge. Give to your pets to prevent & treat inflammation, and maintain optimal health. Coconut oil (which you can store at room temperature) deserves a place in the pantry for its multiple uses, internal and external: solid when chilled, it makes a healthy treat or 'pill pocket'. Internally it also prevents hairballs, aids digestion & fights infection; externally, it's a natural sunscreen & wound healer.

FISH & BONE
217 Newbury St, Boston
857.753.4176
thefishandbone.com

10% OFF
Bring in or mention this ad for 10% off fish or coconut oil through June 30th

ADVERTISEMENT

A CUSTOMIZED APPROACH:
Your Prenatal and Birth Experience

From routine exams to high-risk pregnancy care, Tufts Medical Center's Women's Care and Women's Care South provide a level of care—and caring—that exceed expectations. Our exceptional, highly trained OB/GYNs understand that while state-of-the-art tools matter—compassionate, understanding care is just as important. We provide a full range of services including routine pelvic exams, family planning and assisted reproduction, prenatal care for both routine and high-risk pregnancies and more.

WOMEN'S CARE delivered Violet and so much more.

Caring OB/GYNs, High-Risk Experts and a Level-3 NICU

FROM ROUTINE EXAMS TO HIGH-RISK PREGNANCY CARE, Women's Care provides a level of care—and caring—tailored to each mom's needs. Our OB/GYNs and nurses—backed by a team of prenatal experts from Tufts Medical Center and a world-class Level-3 NICU—strive to customize each patient's prenatal and birth experience.

And with conveniently located offices, we make appointments easy—right on your way home or steps from work during the day.

Meet your team and read our mom stories!
Visit tuftsmedicalcenter.org/baby

BOSTON
Women's Care
at Tufts Medical Center
(617) 636-BABY

BRAINTREE
Women's Care South
(781) 843-BABY

Tufts Medical Center is conveniently located in downtown Boston. The hospital's OB/GYN practices; Women's Care and Women's Care South are located in Boston and Braintree. Our OB/GYNs and nurses are backed by a team of high-risk experts from Tufts Medical Center and a world-class Level-3 NICU.

As a world-class academic medical center and the principal teaching hospital for Tuft's School of Medicine, Tufts Medical Center offers some of the latest advances in obstetrics and gynecology, such as Level-2 ultrasound, which provides the most detailed look at a growing fetus. Tufts Medical Center is home to both a full-service hospital for adults and Floating Hospital for Children.

At Women's Care South, our satellite office in Braintree, we've thought of everything to provide you with outstanding OB/GYN care right on the South Shore. Our friendly physicians and staff welcome the opportunity to care for you in our new, sophisticated offices equipped for on-site stress tests and ultrasounds (including Level-2 ultrasounds), laboratory work ups and on-site colposcopies and LEEP. Patients can receive all of their prenatal care at the Braintree office and just travel to Boston for delivery. All in-patient obstetrical care is provided at Tufts Medical Center in Boston, 11 miles from the Women's Care South office.

Tufts Medical Center is proud to partner with Isis Parenting as our preferred provider of prenatal and early parenting education. Isis Parenting offers expert-led classes and a supportive community for expecting and new parents from four Boston area centers and on the Tufts Medical Center campus.

Our OB/GYN practices are conveniently located in downtown Boston and Braintree, so whether you are looking for an appointment close to home or steps from work, we are here for you. It's easy to reach us by public transportation, by foot, or by car.

To learn more about becoming a patient at Tufts Medical Center's Women's Care call (617) 636-BABY or Women's Care South, call (781) 843-BABY. Visit www.tuftsmedicalcenter.org to meet our team of caregivers and read our mom stories.

Sweet secrets from Hungry Girl

Diet. The peppy food star gives us guilt-free tips and tricks on dessert.

You likely already know that a total deprivation diet won't keep you skinny long-term — and who could go through life without dessert? With waistlines in mind, Lisa Lillien, aka Hungry Girl to her legions of readers and Food Network followers, just released her eighth book, "Hungry Girl 200 Under 200: Just Desserts." We chatted with the bubbly recipe whiz and got her best tips for how to enjoy the sweet stuff without totally going overboard.

Think beyond the box: If you're looking to shave some fat and calories from a traditional cake mix, ignore the instructions, Lillien says. From whipping up Funfetti cake with club soda to using pumpkin instead of oil, eggs and butter, "there are great shortcuts," she says.

Make ingredients go double-duty: Lillien makes pie crusts with Fiber 1 cereal and mini-desserts with egg roll wrappers, wonton wrappers and tiny phyllo shells, which she calls "just brilliant because they're low in fat and calories and [they] are great vehicles for your dessert items."

Jazz up fruit: Hungry Girl calls herself a "fruit maniac," but if fruit just isn't your go-to, you can find ways to make it sweeter. "I like to take pineapple, grill it and drizzle a little bit of reduced-fat caramel on it," she says. Also big in Lillien's house: fun with apples. "I do so many weird things," she says. "I will chop them up and shake them in a bag with cinnamon, throw them in the microwave like that, make baked apples with diet soda — I have so many recipes where you cook some chopped apples in a pot with a little bit of cornstarch, water, sugar and cinnamon and you make it into a gooey apple pie filling and put it in so many different places."

Enjoy in moderation: "If a big, gooey dessert shows up, I'll stick a fork in there," Lillien says about dining out. "I don't really deprive myself fully."

MEREDITH ENGEL
meredith.engel@metro.us

Her weight-loss tip

You can still have your dessert, but be accountable, Lillien says. "If you know something is your weakness, don't keep it in the house. I'm a chip lover. I try not to eat it too much, because I'll overdo it. Ice cream is not my go-to treat, but if I have a pint in the house I'll eat three servings at a time."

Her snack pick

Quest bars: "They're a favorite of bodybuilders — everybody is obsessed with what they're made of and the stats on them — but for me, it's like, usually if I eat a bar, I am hungry afterwards. And with these, I'm not hungry." **$2.39 per bar or $25 for a box of 12, GNC stores**

For Lillien's Freezy PB Pie Cups recipe, visit www.metro.us. / CATHRYN FARNSWORTH

COMMONWEALTH SPORTS CLUB

GET ACTIVE.
GET HEALTHY.

Join Commonwealth Sports Club in celebrating National Physical Fitness & Sports Month this May.

See us in Boston Fitness Magazine

OPEN HOUSE MAY 6 - 10, 2013

Group Training Sessions, Free Workouts, Fitness Presentations, Membership Specials.

First-time visitors only; valid ID required; must be 18 years or older.

www.commonwealthsportsclub.com

metro

AMERICA'S #1 FREE DAILY IS HIRING

Come to our open house on MAY 15TH to learn more!

Business is booming at Metro, the fastest and only growing newspaper in Boston – with over 260,000 daily readers! We need the best sales professionals to join our team.

Source: Scarborough (2011-12)

Open House May 15, 2013
Metro Boston Offices at 5:45 PM
320 Congress St., 5th Fl., Boston MA

We are ready to conduct on-the-spot interviews at this Open House.

SEND RESUME AND RSVP TO BOSTONRESUME@METRO.US

A well-heeled new flagship arrives on Newbury Street

Shopping. The Frye Company opens its doors in Boston.

When you step into the new Frye Company flagship space on Newbury Street, it hits you: The distinct, smell of fine leather: rich and warm, at once familiar, rustic and undeniably expensive.

The leather company, known for its signature boots — though it also carries a range of handmade goods that includes flats, sandals and bags — unveiled its newest flagship store in the space formerly occupied by Charley's restaurant. It's a homecoming for the brand, which has deep roots in New England and was founded in Marlborough more than 150 years ago (as the John A. Frye Shoe Co., which outfitted Civil War soldiers).

Frye's new space invites footwear aficionados inside.
THE FRYE COMPANY

Frye's staying power can be attributed to both the quality of their product and the timelessness of their aesthetic. Each boot is crafted by hand — in fact, by hundreds of hands. "It ranges between 150 and 190 steps to make each boots," says creative director Michael Petry. "It's astonishing to see the number of people that touch your boot before it gets packaged and put in the box."

And lest you question the business smarts of opening a leather boot store just at the start of summer, Petry assures: "Boots have become a 12-month-a-year business."

The Look

The Newbury Street store is understated and expansive at 9,000 square feet, marked by dark wood and raw metal accents. Vintage suitcases, old metal fans and other retro items are interspersed artfully throughout displays of leather boots, Mary Janes and even a wall of aged leather sneakers. In the menswear section, there's a space where guys tagging along with female shopping companions are invited to chill out on comfy leather couches.

Frye, 284 Newbury St., Boston, 617-247-FRYE
www.thefryecompany.com

ALEXANDRA CAVALLO
alexandra.cavallo@metro.us

Student work. MassArt's Studio 21 show marries fashion and function

Massachusetts College of Art and Design's Fashion Department showcases students work in an annual lavish runway show, this year dubbed Studio 621. Tonight's show spotlights student talent with pieces that range in inspiration from Frida Kahlo to Korean architecture.

Designs in ready-to-wear vie with wearable found art pieces made from recycled CDs, egg cartons, can tabs, filmstrips, lottery tickets and window blinds. An angle that takes precedence each year is sustainable practices in fashion, a hot-button topic in an industry not exactly known for being eco-friendly.

THE DESIGNS OF SENIOR STEPHANIE REA / KEITARO YOSHIOKA

"This year's showcase is about trendy, affordable, healthy fashion," says MassArt Fashion Department Head, Sondra Grace. "You'll see collections using hidden repurposed fabrics and natural dyes offering sustainable life styling for the individual and the planet. MassArt presents what young fashion designers can create with a message and a purpose."

For more info and tickets, visit www.massartfashion2013.eventbrite.com. LINDA LABAN

CALL NOW & SAVE UP TO 84% ON YOUR NEXT PRESCRIPTION

Drug Name	Qty (pills)	Price*	Drug Name	Qty (pills)	Price*
Plavix 75mg	90	$ 89.99	Quinine 300mg	84	$ 49.99
Combivent 18/103mcg	600 doses	$ 74.99	Avodart 0.5mg	90	$ 139.99
Ventolin 100mcg	600 doses	$ 49.99	Revatio 20mg	90	$ 144.99
Viagra 100mg	16	$ 79.99	Colchicine 0.6mg	100	$ 74.99
Zetia 10mg	100	$ 94.99	Neurontin 300mg	100	$ 44.99
Cialis 20mg	16	$ 79.99	Femara 2.5mg	100	$ 139.99
Nexium 40mg	90	$ 94.99	Januvia 100mg	84	$ 244.99
Advair 250/50mcg	180 doses	$ 169.99	Lexapro 20mg	90	$ 69.99
Asacol 400mg	100	$ 49.99	Janumet 50/1000mg	84	$ 169.99
Spiriva 18mcg	90	$ 154.99	Aggrenox 200/25mg	180	$ 94.99
Entocort 3mg	100	$ 94.99	Wellbutrin XL 300mg	90	$ 144.99
Actos 30mg	100	$ 104.99	Aricept 10mg	100	$ 84.99
Flomax 0.4mg	90	$ 64.99	Pentasa SR 500mg	100	$ 94.99
Lipitor 20mg	90	$ 89.99	Flovent 125mcg	360 doses	$ 99.99
Levitra 20mg	30	$ 94.99	Abilify 10mg	90	$ 134.99
Propecia 1mg	90	$ 74.99	Protonix 40mg	90	$ 79.99
Celebrex 200mg	100	$ 89.99	Seroquel 100mg	100	$ 89.99
Crestor 20mg	90	$ 144.99	Xalatan 0.005%	7.5ml	$ 79.99
Symbicort 160/4.5ug	360 doses	$ 179.99	Diovan 160mg	90	$ 89.99
Singulair 10mg	100	$ 119.99	Evista 60mg	90	$ 109.99
Effexor XR 150mg	90	$ 99.99	Elmiron 100mg	100	$ 199.99
Aciphex 20mg	100	$ 84.99	Pristiq 50mg	100	$ 119.99
Namenda 10mg	100	$ 99.99	Vagifem 25mcg	45	$ 114.99
Xifaxan 200mg	100	$ 124.99	Pradaxa 150mg	180	$ 489.99
Cymbalta 30mg	100	$ 99.99	Boniva 150mg	3	$ 89.99
Niaspan 500mg	90	$ 69.99	Geodon 40mg	100	$ 99.99
Ranexa ER 500mg	100	$ 99.99	Vytorin 10/20mg	90	$ 114.99
Tricor 145mg	90	$ 104.99	Avapro 300mg	100	$ 99.99

All pricing in U.S. dollars and subject to change without notice. We accept Visa, MasterCard, Personal Check or Money Order. *Prices shown are for the equivalent generic drug if available.

✔ Over 1500 Medications Available ✔ Price Match Guarantee
✔ Call for Free Price Quote ✔ Prescriptions Required ✔ CIPA Certified

TotalCareMart.com™ Savings made easy
Toll Free Phone 1-800-267-2688
Toll Free Fax 1-800-563-3822

Shop: www.TotalCareMart.com or Call Now! 1-800-267-2688

Mailing Address: ORDER PROCESSING CENTER, PO BOX 121 STN L WINNIPEG MANITOBA, R3H 0Z4 CANADA
CODE: PN24

Is Your Child Overweight?

Confused About What To Eat and Drink?

Researchers at Boston Children's Hospital are studying the effect of different foods and beverages for weight loss in 12-17 year olds.

Benefits include:
- Individual sessions with a dietitian
- Daily text messages

American Express® gift card ($120) at the end of the study.
For more information about the Think AHEAD Study:

617-355-2500 Option 4 or
ThinkAHEAD@childrens.harvard.edu

Boston Children's Hospital
Until every child is well

HOT GAMES: COOL RUNNINGS

Adult Swim gives you more amped-up weirdness in "Robot Unicorn Attack 2." / ADULT SWIM GAMES

Sidescroller

LAWRENCE BONK
LAWRENCE.BONK@METRO.US

"Worm Run" has you on the move from creatures right out of "Tremors." / GOLDEN RUBY GAMES

The iPad and its feisty little brother the iPhone are known the world over for being fantastic gaming machines. One genre that particularly shines on their glossy, fingerprint-laden screens? Endless Runners. The best of the genre, like "Temple Run" and "Jetpack Joyride," offer an addictive experience that is perfect for bite-sized gaming sessions.

Here are a few new titles vying for "best of" status.

'Robot Unicorn Attack 2'

Company: Adult Swim Games
System: iPad/iPhone
Cost: Free
Rating: ●●●●●

The first "Robot Unicorn Attack" was a joyous, cacophonous experience that could only come from the warped minds at Adult Swim. This sequel amps up just about everything you loved in the original. There are more powerups for your unicorn, an even better synth-based soundtrack and a fantastic mission-based structure.

There's also a unique online mode. You are assigned a team, good or evil, and everything you do works toward your team's total score. The course you run changes daily, so you can't cheat and memorize every nook and cranny.

This is a "freemium" game, but RUA2 manages to avoid most of the associated pitfalls. It'll ask for money every now and again, but the prompts are easy to ignore.

'Worm Run'

Company: Golden Ruby Games
System: iPad/iPhone
Cost: $1
Rating: ●●●●○

"Worm Run" is a surreal mix of endless running and survival horror. The end result of this odd mash-up? A total adrenaline-fueled and frantic rush. The game tasks you as a spaceman who is being chased by a giant worm, "Tremors"-style. You have to run, climb and jump your way to freedom. Unfortunately, that danged worm never lets up, and freedom is short-lived at best. Maybe it's an analogy for life, or my last marriage. Da dum dum.

The controls are entirely swipe-based, which works marvelously. The precision required to avoid that giant, bloodthirsty worm makes the game a better fit for the iPad's large screen, however. Even on the iPhone, though, it is totally worth a buck.

The Boston Globe
TOP PLACES TO WORK 2013

I ♥ MY JOB

Nominate Your Company for
The Boston Globe's Top Places to Work.
Visit Boston.com/nominate for details.
Nomination deadline is May 31st!

The Boston Globe BostonGlobe.com
Workplace Dynamics

ATLANTIS
PHYSICAL THERAPY
OUR TOUCH IS HEALING
OUR DOOR IS OPEN
CALL FOR YOUR APPOINTMENT TODAY!
62 Warren Street, Roxbury, MA 02119 | www.atlantisphysicaltherapy.com
T: 617-442-0111 F: 617-442-0110
All health Insurance plans accepted | Free Consultation

Horoscope

♉ Taurus | April 21 - May 21. Although your prospects for personal gain look good, don't expect to become a millionaire overnight. Be grateful for the profitable developments that come your way.

♊ Gemini | May 22 - June 20. Be logical and practical about your financial dealings — but by the same token, don't discount any of your hunches. Your intuition might be sensing something you're missing.

♋ Cancer | June 21 - July 22. A surefire way to guarantee that your friends will speak well of you is to speak highly of them. However, make sure what you say is sincere, not just flattery.

♌ Leo | July 23 - Aug. 22. The race will go to the smart and not necessarily to the swift in career-related matters. Be sure you use your head wisely, so that you can be numbered among the winners.

♍ Virgo | Aug. 23 - Sept. 22. Those that aren't tuned into your wavelength will prove to be a big bore. Try to associate with companions whose likes and dislikes parallel yours.

♎ Libra | Sept. 23 - Oct. 22. Timing is important when you are trying to promote something that could be financially beneficial. Wait to make your pitch until you have your prospect's full attention.

♏ Scorpio | Oct. 23 - Nov. 21. If you have to make a critical decision, get as much feedback from others as you can. Their input could reveal aspects you've overlooked.

♐ Sagittarius | Nov. 22 - Dec. 21. This is a good day to talk to the boss about some changes that you feel would help the operation. If it makes sense, your superior will be interested.

♑ Capricorn | Dec. 22 - Jan 20. When dealing with others on a one-on-one basis, "Judge not lest ye be judged" is a good adage to keep in mind. Your associates will emulate your behavior.

♒ Aquarius | Jan. 21 - Feb 18. When in conversation about a critical decision, the debate won't be won by the person who has the last word. Go for quality, not quantity.

♓ Pisces | Feb. 19 - March 20. You're an extremely effective communicator, so don't waste your time on idle chatter. Use your skills to charm people who can help advance your interests.

♈ Aries | March 21 - April 20. Someone with your interests at heart will show you a procedure that could strengthen your financial position. It would be smart to follow his or her suggestions. BERNICE BEDE OSOL

Letters

Consider the bicycle

May is National Bike Month — a perfect time for our community to recognize and celebrate all the benefits of bicycling. Bicycling keeps us healthy, carries us efficiently from point A to point B, saves us from high gas prices and makes our air cleaner and our roads less congested. Bicycling is good for our community and helps address many of our most pressing societal and environmental problems. Bicycling is fun! Even though this week (May 13-17) is National Bike to Work Week, I encourage you to think of it as Bike to Anywhere Week. According to the national bike group PeopleForBikes, half of all trips Americans make are three miles or less — an easy biking distance.
CHARLES SANDERS, VIA EMAIL

Focus on the good saints, not killers

RE: "Catholic naming of saints is rife with hypocrisy" (Metro, May 14) Letter writer I. Milton Karabell has a problem with the ascension to sainthood of over 800 Christian martyrs who were beheaded about 500 years ago for not renouncing their faith. Karabell cleverly tries to ignore what these brave, courageous people did by saying, "You killed people too." Okay, but we can argue about why humanity was much more violent years ago or we can celebrate the lives of these newly canonized saints.
KEVIN METZ, VIA EMAIL

Don't dignify rape with any other term

The horrible conditions of the three women held captive in Cleveland were often referred to as sex slavery. This is not appropriate. If it is forced it is rape. They were rape slaves.
M. ROSENBAUM, VIA EMAIL

letters@metro.us

Keep them a brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

Sudoku: Easy and hard

	7		4			5	1	
2	6			5				
			2	8				
			3	9		1		8
	2	7				9	6	
8		1		2	5			
				7	2			
				3			7	4
	1	2			6		8	

3		4	2	8				
	1				6			
5		2	7					
8		5				2		
	2	7	8		9	1	4	
		3				6		7
					4	8		1
			6				7	
				2	8	9		6

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Crossword

Across
1 "– – grip!"
5 Ear cleaner
9 Mountebank
14 Haik wearer
15 Churchy La Femme's pal
16 Needless
17 Mumble
18 Piccadilly statue
19 Windy City airport
20 Dress store section
22 Chewy candy
24 Guys
26 Litter member
27 Complacently
30 Trophy winner
35 Languishes
36 Part of BYOB
37 Join together
38 Rope-a-dope boxer
39 Quantities
42 Prize marble
43 Untidy person
45 The A in B.A.
46 Modeling media
48 Lightweight motorcycle
50 Meadowlike
51 Koan discipline
52 Sandy ridges
54 Evolved
58 Climber's need
62 Quick-witted
63 Baking-powder ingredient
65 — fixe
66 Pitfall, maybe
67 Steakhouse order
68 Muse complement
69 Buyer
70 Freight units
71 Backpacker's load

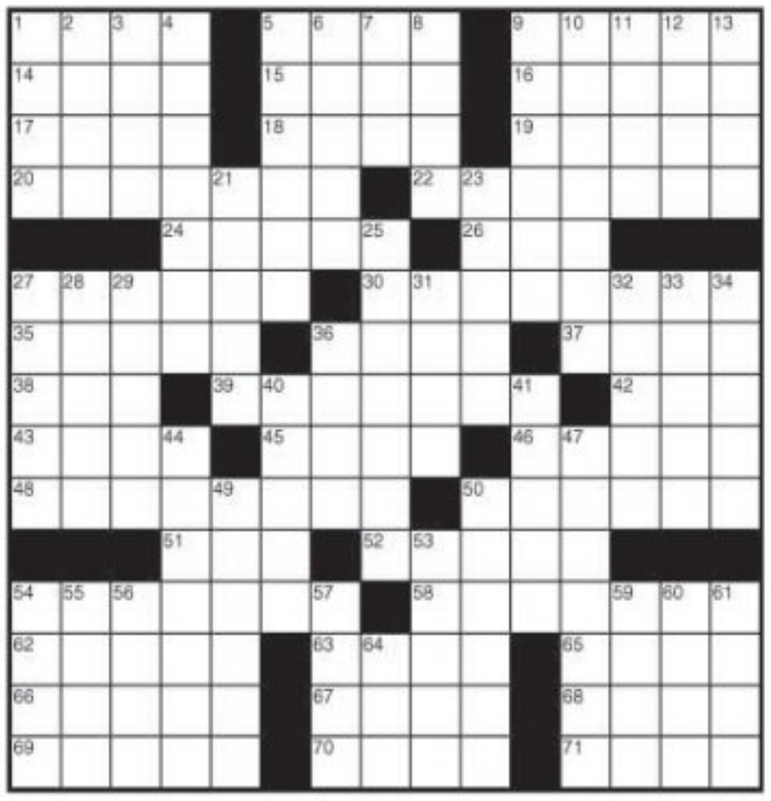
Down
1 Shocked reaction
2 Della Street's penner
3 Without any slack
4 Condense
5 Fast
6 Marriage-vow word
7 Way back when
8 Pear variety
9 Voting number
10 Blue
11 Not know from —
12 Salt or smoke
13 Stem-to-stern timber
21 Major oil hub
23 Off to one side
25 Reconnoitered
27 Muscle cramp
28 Metric prefix
29 Merger
31 Rome wreckers
32 Jots
33 Approves
34 Info-packed
36 Lancaster foe
40 New England state
41 Fallen-rock debris
44 Really weird
47 Tongue- — (scolding)
49 Improved
50 Trolls
53 Complete reversal (hyph.)
54 Yacht basin sight
55 Wrist bone
56 Salad bowl wood
57 Pub throw
59 Garfield's housemate
60 Olin or Horne
61 Shy creature
64 Philosopher — -tzu

Yesterday's answer

R	I	P	E	■	B	S	M	T	■	N	O	T	S	O
A	N	O	N	■	O	P	I	E	■	I	D	E	A	L
J	U	K	E	J	O	I	N	T	■	T	I	N	G	E
A	R	E	■	A	T	E	N	■	C	R	O	N	E	■
S	E	R	A	P	E	S	■	F	R	A	U	■	■	■
■	■	■	M	A	E	■	W	A	I	T	S	O	N	■
A	D	M	I	N	■	G	I	M	M	E	■	V	I	A
L	I	E	D	■	R	E	N	E	E	■	M	I	N	T
P	R	O	■	W	A	N	E	D	■	M	A	D	A	M
■	T	W	I	R	L	E	D	■	R	A	T	■	■	■
■	■	■	G	E	L	S	■	B	O	X	S	T	E	P
■	F	A	N	C	Y	■	L	O	C	I	■	O	V	A
B	A	T	I	K	■	P	E	D	O	M	E	T	E	R
B	I	T	T	E	■	A	V	E	C	■	R	A	N	K
S	L	Y	E	R	■	M	I	S	O	■	E	L	S	A

Interactive Crossword

You can use your smartphone to discover today's crossword answers — right now! Download and open the Blippar app on your smartphone and hold the screen over the puzzle. It's that easy!



metro **As the world's largest global newspaper, Metro has more than 18 million readers in over 100 major cities in 23 countries • Metro Boston** 320 Congress Street 5th Fl., Boston, MA 02210 • **main** 617-210-7905 • **to advertise** 617-210-7905 • **National and Executive Sales Director** Ed Abrams • **U.S. Circulation Director** Joseph Lauletta • **U.S. Marketing Director** Wilf Maunoir • **e-mail sales** adsboston@metro.us • **e-mail distribution** distribution@metro.us • Advertisements appearing in Metro are published in good faith. Metro does not endorse and makes no representations about any of the advertising content appearing in its pages. Metro is not responsible for any loss or damage whatsoever resulting from readers using the services of its advertisers. Readers should exercise caution when replying to advertisements, especially those which require any form of payment, and, where necessary, should seek independent legal advice. **Editor in Chief** Tony Metcalf, tony.metcalf@metro.us @edinchief metro • **Managing Editor** Dorothy Robinson, dorothy.robinson@metro.us • **City Editor** Jill Gadsby, jill.gadsby@metro.us • **Sports Editor** Matt Burke, matt.burke@metro.us • **Books/Parenting/Gossip/Travel Editor** Dorothy Robinson, dorothy.robinson@metro.us • **Home/Style/Food Editor** Tina Chadha, tina.chadha@metro.us • **Film/Tech Editor** Matt Prigge, matt.prigge@metro.us • **Wellbeing/Going Out Editor** Meredith Engel, meredith.engel@metro.us • **Music Editor** Pat Healy, pat.healy@metro.us • **Careers/Education/Dating Editor** Julia Furlan, julia.furlan@metro.us • **Copy Chief/Theater Editor** Tracie Michelle Murphy, tmichelle.murphy@metro.us

3

SPORTS

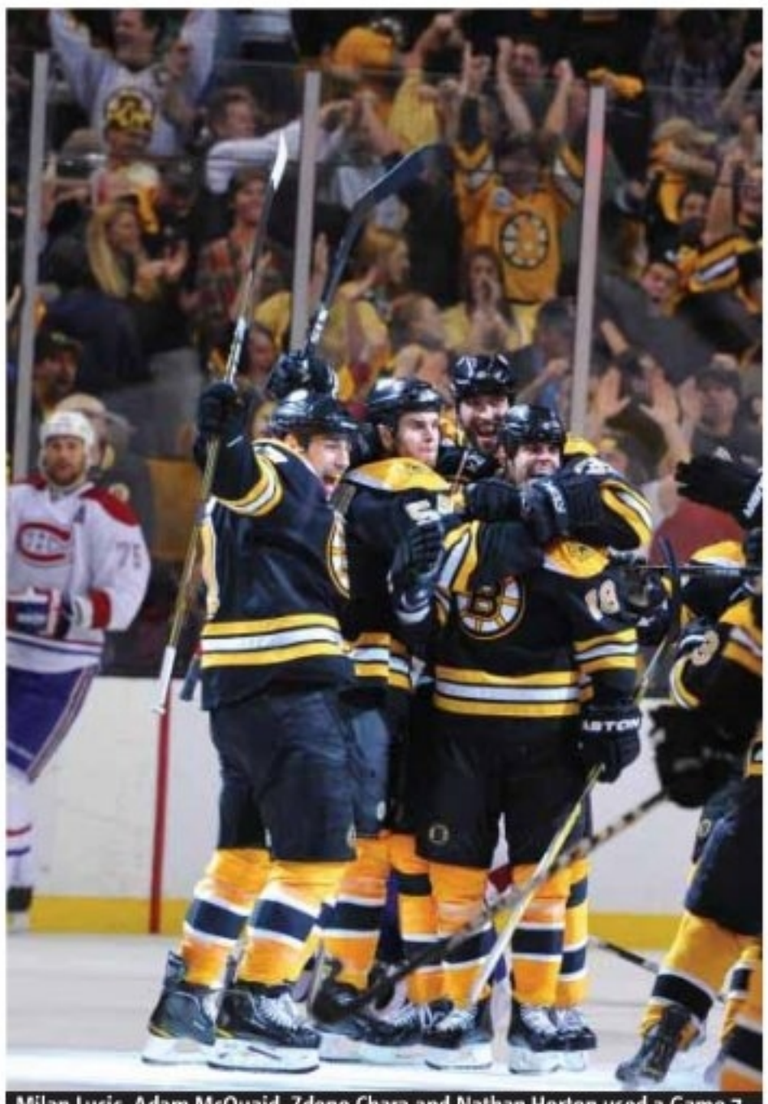
Online

Trending at Metro.us

1 Playing the Field: Leafs fans, riots, promises, signs and John Cena

2 Hadfield: Where does Bruins comeback rank in Boston sports history?

3 Last night's Red Sox-Rays highlights



Milan Lucic, Adam McQuaid, Zdeno Chara and Nathan Horton used a Game 7 OT victory in 2011 to spark their run to the Cup. / GETTY IMAGES

B's with a familiar Game 7 OT spark?

NHL playoffs. A Game 7 overtime win over Montreal lit the flame that guided the Bruins to the Cup in 2011.

You could learn a thing or two about physics in a number of ways.

You could sign up for a class. You could buy a textbook. Or, you could crack open a beverage of your choice and re-watch the Bruins 2011 Stanley Cup run.

It's an easy choice to make, really, as Bruins fans are more than happy to dust up on "momentum" lessons.

You see, when the Bruins (mass) start moving (velocity), momentum is created, but it's the rate in which the B's move that determines the amount of momentum. Before Monday night, the Bruins last first-round series win came against the Montreal Canadiens in 2011 after being down 2-0 in the series on the road. They won four of the next five, knocked off Montreal and eventually hoisted the Cup.

This time around, they improbably came back from a 4-1 deficit in the third period of Game 7 — after holding a 3-1 series lead — to beat the Maple Leafs.

Is the Bruins' Dr. Jekyll/Mr. Hyde type of play a thing of the past? Can they turn an improbable — impossible! — comeback into real momentum heading into the second round, and possibly beyond?

"Well, that's the one thing that I'm hoping, that we can grab that momentum that we had at the end and carry it into the next series," Claude Julien told reporters after Monday's win. "We know we have to be better, we can't keep playing well in spurts and not so well in other spurts. There's got to be some consistency. In the year we won, we had a 60-minute effort. That was our goal."

The Bruins didn't get out of the first round last season, as they were upset by the Washington Capitals in seven games.

"We always talk about it. The first round is the hardest one to get through," Milan Lucic told reporters. "You just want to build off it. It's just one round and you got to look forward to the next step here."

JAMES TOSCANO
sports@metro.us

ANATOMY OF A RIVALRY

NHL playoffs. The B's and Rangers haven't met in the postseason in decades, but things could very well heat up in a hurry.

It is shocking that two teams with so many similarities haven't met in the postseason for exactly 40 years. The last time the Bruins and Rangers played each other in the playoffs was the 1973 quarterfinal round (New York won 4-1). These Original Six rivals will be renewing their acquaintances again starting tomorrow (7:30 p.m., NBCSN) for Game 1 at TD Garden. Besides having passionate fan bases and defensive minded coaches, when you dig beneath the surface you'll realize how much these clubs have in common.

"It's another New York-Boston series," said Bruins left wing Milan Lucic after Boston's wild 5-4 overtime win over Toronto on Monday. "Red Sox-Yankees, Patriots-Giants and the Celtics just played the Knicks in the playoffs. There is plenty of hatred between the two cities, so we're looking forward to the series."

Plenty of people bash Bruins head coach Claude Julien's overly defensive system, but one can bet Rangers head coach John Tortorella (a Concord, Mass., native) would not be a part that vocal group. Boston often struggles to score, but New York usually has big trouble putting the puck in the net as well. The strength of both teams lies in goal: Rangers goaltender Henrik Lundqvist won the Vezina Trophy (award for best goaltender in the NHL) last season and he is a favorite to capture it again this season. New York only allowed 12 goals in its grueling seven-game series against Washington, including back-to-back shutouts by the Swede they call King Henrik in Games 6 and 7.

Center Brian Boyle, from Hingham, Mass., and left wing Chris Kreider, from Boxford, Mass., both played at Boston College for legendary head coach Jerry York. Defenseman Matt Gilroy won the Hobey Baker (top college hockey player) at Boston University for the recently retired Jack Parker in 2009 but he was a healthy scratch in the entire series against the Capitals. New York's mentality is to wear teams down by playing physically, blocking shots and letting Lundqvist do his thing. It's a formula that makes for plenty of close, low-scoring games that are extra nail-biting in the postseason.

Matchup-wise, this doesn't seem like the worst opponent for the Bruins — especially since they will have home ice and both teams have the exact same amount of rest since New York won its Game 7, also on Monday. One of the main reasons that Toronto rallied from a 3-1 series deficit is that their overall team speed was something that the mostly plodding Bruins couldn't keep up with. In the Rangers, the B's will find a team that's more of a mirror image.

RICH SLATE
sports@metro.us

Extra stuffing

27

The Rangers blocked 27 shots in Game 7 against the Capitals and had 69 total in the series. Goaltender Henrik Lundqvist finished the series with a sparkling .947 save percentage against Washington.

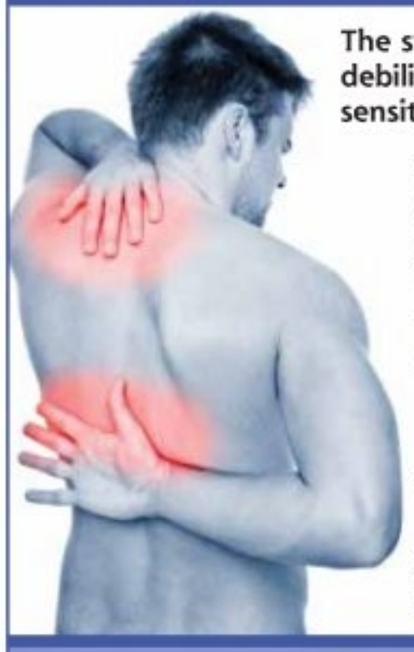
Rich Nash and Johnny Boychuk will tangle again over the next couple of weeks. /GETTY IMAGES

The slate

The Rangers and Bruins are meeting in the postseason for the first time since 1973. New York won this year's regular season series, 2-1. A look at when and where the two teams will clash in the NHL Stanley Cup semi-finals:

- **Game 1:** at Boston, tomorrow, May 16 (7:30 p.m., NBCSN)
- **Game 2:** at Boston, Sunday, May 19 (3 p.m., NBC)
- **Game 3:** at New York, Tuesday, May 21 (7:30 p.m., NBCSN)
- **Game 4:** at New York, Thursday, May 23 (7 p.m., CNBC)
- **Game 5:** at Boston, Saturday, May 25 (To be determined)
- **Game 6:** at New York, Monday, May 27 (To be determined)
- **Game 7:** at Boston, Wednesday, May 29 (to be determined)

Do you suffer from pain after Shingles (PHN)?



The symptoms of PHN (postherpetic neuralgia) can be debilitating. The deep, burning pain and extreme skin sensitivity can greatly impact the quality of your life.

We are conducting a research study of a once daily, investigational form of pregabalin for the pain of PHN.

You may qualify for the study if:

- You are male or female, age 18 years or older
- You have experienced persistent pain for more than three months after the duration of an episode of Shingles (herpes zoster skin rash)
- Have not been treated with pregabalin during the last 30 days.

Qualified applicants will receive study medication and all study-related physical exams and laboratory tests at no cost.

For more info, Call 617.202.6322 BCT Boston Clinical Trials

Depression medication may have improved your condition.

Everywhere but in the bedroom.

Consider our clinical research study.

Many commonly prescribed antidepressant medications can have sexual side effects resulting in a lack of interest in sex, lack of arousal, or an inability to reach orgasm. We are conducting a clinical research study to better understand the effects on sexual functioning of an investigational medication when compared with an approved medication.

You may be eligible to participate if you:

- Are 18-55 years old
- Are currently taking Celexa® (citalopram), Paxil® (paroxetine) or Zoloft® (sertaline) and your depression is well controlled
- Are experiencing sexual side effects thought to be caused by your antidepressant medication

At the first study visit we will also review your medical history and other criteria to see if you are eligible for participation. All study-related office visits, medical examinations, psychological assessments and study medications will be provided at no cost to qualified participants. You may also receive compensation for your time and travel.

Call today for more information:

Site Name COASTAL RESEARCH ASSOCIATES
AdultDepressionTrial.com • 781-849-7766

Medical Research

DIRECTORY

To place an ad call Yasmin Nasrullah at 617-338-7861 or email yasmin.nasrullah@metro.us or Michael Doane at 617-338-6731 or email michael.doane@metro.us

---

Tufts Medical Center MOOD DISORDERS RESEARCH

Are you diagnosed with bipolar disorder?
Are you currently depressed?

We are seeking participants for clinical research studies involving Investigational Drugs for bipolar depression.
Many studies may pay you for your time if you qualify and complete the research.

(617) 636-3025
sfuller2@tuftsmedicalcenter.org

DO YOU HAVE PAINFUL BUNIONS?

If so you may be eligible for a research study at the Newton-Wellesley hospital

The study will compare minimally invasive surgery with standard surgery

NEWTON-WELLESLEY HOSPITAL

For more information log on to www.minibunion.com
or Maggie Gentile at **(617) 796-9922**
or send an email to **info@minibunion.com**

Get PAID to help find a cure!

ZipTrials.us powered by metro

Participate in local clinical trials at www.ZipTrials.us

BRIGHAM AND WOMEN'S HOSPITAL

Calling All Asthmatics

Participate in an Asthma Research Study at Brigham and Women's Hospital
Compensation Up To $2,000

ARC@Patners.org | 1-888-99-ASTHMA

Joslin Diabetes Center

Do you have kidney problems related to Type 1 Diabetes?

You may be able to participate in a research study if you:

- Have been diagnosed with type 1 diabetes before age 35
- Are between the ages of 18-60
- Have had diabetes for more than 5 years
- Have been told by a physician to have kidney problems related to diabetes (e.g., increased proteins or albumin in the urine)

Study involves:

- Taking study medication
- 15 Visits at the Joslin over 2 years
- Blood and urine tests
- Kidney function tests
- Physical Exams
- ECG

Monetary compensation and free parking provided

For more information

Call 617-309-4760

PERL PREVENTING EARLY RENAL LOSS IN DIABETES

ARE YOU BINGE EATING?

Is your eating out of control?

Do you feel disgusted or guilty after overeating?

If so, you may have binge eating disorder. Binge eating is the most common eating disorder and has the potential to impact the health of those diagnosed with the disorder. Doctors in your area are currently recruiting people to participate in a research study evaluating an investigational medication for binge eating disorder.

To be eligible to participate, you must be between the ages of 18 and 55.

Study-related care and medication will be provided at no cost to eligible participants and you may be compensated for time and travel.

Health Insurance or a doctor's referral is not needed.

Adams Clinical Trials, Dr. Rutrick
www.BingeEatingStudies.com

Call a study nurse at: 1-877-575-1855

Tai Chi and Physical Therapy Research Study for Knee Osteoarthritis!

- 40 yrs old or older
- Up to 24 Tai Chi & Phys. Therapy sessions at no cost
- Compensation up to $200 if you qualify

Tufts Medical Center

Please Contact: (617) 636-2612
TCPT@tuftsmedicalcenter.org

Do you
hate how you look?

Do you think about your appearance nonstop?
Are your concerns taking over your life?
Contact us to learn about research and treatment options.
(877)4mgh-bdd mghocd.org/bdd

Legal Notice

DIRECTORY

To place an ad call Herman Miles at 617-532-0105 or email boston herman.miles@metro.us

---

STOP

ATTORNEY STEVEN STRIFFLER
BANKRUPTCY
FREE Phone Consultation
CALL NOW
617-607-3503

- STOP Harassing Phone Calls
- STOP Foreclosure
- STOP Repossession
- KEEP Your Property
- ELIMINATE 2nd & 3rd Mortgages / ELIMINATE credit card debt

21 McGrath HWY, Ste. 301, Quincy www.quincybankruptcy.com

WATERTOWN ROOFING

Established Since 1936

617-923-1959

$250 OFF Complete Strip & Roofing Job*

12 MONTHS SAME AS CASH! Call for Details!

Not valid on prior jobs. With this coupon. Cannot be combined with other offers.

Attorney **W.R. Aaronian**
617-669-0607

Bankruptcy
Stop your creditors now!

Reasonable rates, payment plans available
We will not be defeated!

FREE Consultation

This firm is a debt relief agency/FREE parking on the T

DON'T REPLACE YOUR TUB... RESHAPE OR REGLAZE IT! $369 Tub Refinishing W/COUPON regularly $469

EASTERN REFINISHING CO.
1-800-463-1879
We also do Sinks Tile & Countertops
www.easternrefinishing.net
SAVE $100
Rated #1 FOR A REASON
COUPON EXPIRES 5/15/13

metro classifieds

in print & online

TO PLACE AN AD:
855-639-7270
CLASSIFIED.METRO.US
BOSTONCLASSIFIEDS@METRO.US

CLASSIFIED AD DEADLINE:
6PM TWO (2) BUSINESS DAYS BEFORE PUBLICATION

IMPORTANT INFORMATION:
All classified advertising is subject to the terms and conditions of the applicable Metro Classified rate card and to approval and acceptance at Metro U.S. option. Metro US reserves the right to edit, reject, cancel or reclassify an ad, and reserves the right to convert any classified advertising to alternative formats for use and publication in other Metro U.S. publications. It is the advertiser's sole responsibility to check each ad the first day it is published. Metro U.S. assumes no responsibility for any reason, for any error or omission in any ad.

Services

Psychic

PSYCHIC STUDIO
Office
857-615-1784
Cell 781-605-5801

Palm & Tarot Card reading
I will help you in love and Marriage, Career, Business and Health.
I also do Cleansing and Meditation
Guaranteed results for all problems
Call for appointment
AVAILABLE FOR PARTIES

SHEIKH SALEEM
917.254.6647
MYSTICAL AFRICAN MEDIUM & SPIRITUALIST
SOLVES ALL YOUR ISSUES,
LOVE SPECIALIST,
REUNITE LOVERS,
BUSINESS,
JOB, COURT,
LUCK,
BLACK MAGIC,
PROTECTION,
IMPOTENCY,
IMMIGRATION, ETC.
ENGLISH AND FRENCH SPEAKING.
QUICK RESULTS
www.africanmedium.com

metroclassifieds
TO PLACE AN AD CALL 866-900-9473
OR VISIT US AT www.metro.us

Miscellaneous

Legal Services

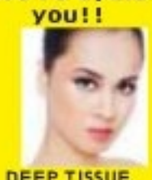
TAX PROBLEMS??!!
617-335-2988
EX IRS Revenue Agent
CPA
www.davidrootcpa.com

metroclassifieds
TO PLACE AN AD CALL 866-900-9473

Health & Beauty

Pathway Wellness Spa
33 Fayette St ("Big Pink" bldg.) Quincy, MA 617-481-2569

Spring! The Beginning of the best of cycles: Massage in the Merry Month of May: Lunar Cycle, Bicycle, "Popcycles" Bring what's broken, sore, and painful! An hour with our beautiful therapists and We re-cycle you!!



DEEP TISSUE specialists
2 NEW beautiful Therapists from China.

INTRODUCING FOREVER SUNDAY SPECIAL!!
$50.00 for 60 minutes.
You are a stranger here only once.
Free on/off street parking.
Credit cards accepted.
"We feel your pain!"

Miscellaneous

Health & Beauty

Wellness Club Welcome

$70 1 hour+ Hot shower
$40 reflexology foot massage

Special:$85 1hr Body+30mins Reflexology Foot

Relax with Professional Brazilian,Asian therapists

Mothers' Day month:$10 OFF for all mothers

Sports Channel TV and Parking available

Ph: 617-481-9727
Address: 2nd Floor, 278 Centre street, Quincy, MA 02169

Career Training

Career Training

A New Future Awaits
Everest
INSTITUTE
Brighton • Chelsea
Call Now!
1-888-291-1351
www.SeeEverest.com
Accredited Member, ACCSC

SEARCH IT. FIND IT. BUY IT.
metroclassifieds

Miscellaneous

Vehicles

Vehicles Wanted

Junk or Repairable Cars Wanted
$350 - $5500 & up
781-606-1271

Extra Cash paid for
Hondas, Toyotas, & Nissans
Any Location, Anytime
towingcarsusa@yahoo.com

Top Cash For Junk Cars Running or Not
No Title No Problem
$300 to $5,000
617-396-1571

WE PAY MORE 4 JUNK CARS, TRUCK, VAN CALL ME AT 508 641 5961

REPAIRABLE CARS WELCOME MORE
$$$ 4 NISSAN, HONDA, TOYOTA

ALL CARS WORTH CASH
$300 TO $5,000
617-678-6833

Top Cash paid
No Key...No Title...
No Problem
Free Towing

metroclassifieds
TO PLACE AN AD CALL 866-900-9473
OR VISIT US AT WWW.METRO.US

Legal Notices

Do you have a legal notice that you need to publish?

Metro is a newspaper of record with the Suffolk Probate, Middlesex Probate and Land Court!

Publishing your notices with Metro will satisfy your legal obligation and can save you money in the process!

Do you need to publish a notice for:

- Mortgage Sale of Real Estate
- Public Notice
- COB Liquor License
- Licensing Board
- Notice of Public Hearing
- Divorces
- Care and Protection of Parental Rights
- Notice of Sale of personal Property
- Transportation
- Order of Notice

Contact the Metro today and find out how we can help while saving you money!

Herman Miles: 617-532-0105

For Sale

Miscellaneous

$$ CASH PAID $$
Diabetic Test Strips, Nicotine Patches / Gum-Mail Order we pay shipping
617-202-2828

Musical Instruments

Cash for Records

Wanted 33Lps & 45s
George 617-633-2682

Top $$ Paid For Guitars

We buy ALL Musical Inst. Guitars, Saxes, etc.
We travel & PU
Cash on the spot!
617-594-3255

Jobs

General Help Wanted

Director, Teaching and Research in Education Outcomes Assessment

The Center for Continuing Education in the Health Sciences (CCEHS) and the Department of Medicine, Dartmouth-Hitchcock, are seeking a Director for Teaching and Research in Education Outcomes Assessment to teach health sciences research methods and direct multidisciplinary program evaluation research, with a focus on education outcomes. Successful grant writing, both state and federal, is expected. This is a two year position. The individual will receive an appropriate academic appointment as a member of the faculty of the Geisel School of Medicine at Dartmouth.

Qualifications: PhD or EdD in education program evaluation, human development, education, or a related field with extensive training in quantitative or qualitative research methods is required and a minimum of 10 years of experience in teaching, research, evaluation and administration. Applicants must have strong experience in teaching and evaluation at the university level; excellent analytical, interpersonal, written and oral communication skills; and strong ability to direct and teach project teams and diverse groups.

Please apply at: www.careers.d-h.org/gator/jobs/23992

Dartmouth-Hitchcock is an Equal Opportunity Employer and encourages applications from minority group members and women.

General Help Wanted

APPLY NOW!!
SPORTS MINDED INDIVIDUALS WANTED
$950
WK AVG & INCENTIVES
An expanding company is seeking competitive outgoing people with leadership qualities

If you are a team player, motivated and enthusiastic we will train and develop you for guaranteed success.

STUDENTS WELCOME SCHOLARSHIP PROGRAMS UP TO $2500
857-400-2229

Work for Grassroots Campaigns on behalf of Oxfam America to:
- End poverty and hunger
- Fight injustice
- Save lives

Earn $335-$535/week.
FT/PT/Mgmt avail.
Call Casey Today at 617-338-7882

reserve your space
DEADLINE: two (2) business days prior to publication at noon.
866-900-9473
metroclassifieds

This is the watch Stephen Hollingshead, Jr. was wearing when he encountered a drunk driver.
Time of death 6:55pm.

Friends Don't Let Friends Drive Drunk.

Photo by Michael Marino

U.S Department of Transportation

Ad Council

CALLING ALL KIDS AND TEENS...

Want to make your dreams of becoming an actor or model come true? Join JRP New England/Open Call Model & Talent's summer acting and modeling camp! This is your opportunity to be seen by top talent agents and managers who can take your career to the next level.

If you think you have the potential to be a star,

Call **617.946.0508** or log on to **newenglandauditions.com.**

AMERICAN ★ ICONS

a celebration of the people, places and things we love

NOW THROUGH SUNDAY, MAY 19

THE GREAT AMERICAN SUMMER SALE

A SALUTE TO AMERICANA

25%-50% OFF STOREWIDE

Macy's invites you to join us for our all-star salute to those that make us proud to live in the land of the free and the home of the brave – from classic cars & apple pie to legendary designers & destinations. The journey begins here but continues all summer, so come in or click on ***macys.com/icons*** *today and be part of our cross-country tribute to the American way!*

★ *Give $3, Get 20% off†*

Join Macy's & Got Your 6 to help raise $3 million for American veterans.

In the military, "got your six" means "I've got your back". Join Macy's & Got Your 6 to help raise $3 million for American Veterans. Give $3, Get 15%-20%† savings on any day you choose, now through June 9th. For more information, visit **macys.com/gotyour6.**
†Exclusions and restrictions apply.
See stores for details.

6 GOT YOUR SIX

★macy's

the magic of giving

Our favorite summer tote, just $10 with any $25 purchase. While supplies last.

the magic of ★ macy's .com

BLOG

www.metro.us